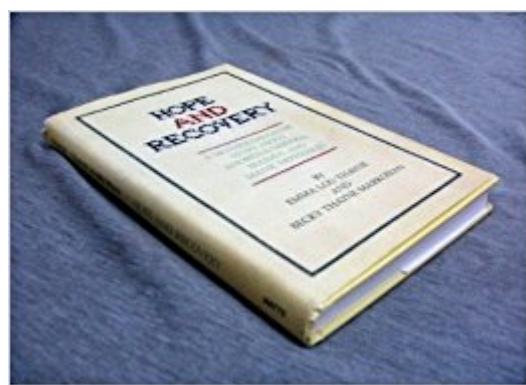


The book was found

Hope And Recovery: A Mother-Daughter Story About Anorexia Nervosa, Bulimia, And Manic Depression



Synopsis

Becky Thayne and her mother alternate in describing how Becky suffered as a young woman from manic depression, anorexia, and bulimia and how she eventually recovered.

Book Information

Age Range: 11 and up

Library Binding: 187 pages

Publisher: Franklin Watts; First Edition, First Printing edition (April 1992)

Language: English

ISBN-10: 0531111407

ISBN-13: 978-0531111406

Product Dimensions: 0.8 x 6.5 x 9.5 inches

Shipping Weight: 1.2 pounds

Average Customer Review: Be the first to review this item

Best Sellers Rank: #4,833,841 in Books (See Top 100 in Books) #70 in Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #2209 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Illness #277070 in Books > Politics & Social Sciences > Social Sciences

Customer Reviews

Grade 6 Up-- A harrowing and earnest personal account that will be of limited interest to most young people. A mother and daughter each describe the development of Becky's illness, a combination of chemical imbalance, manic depression, and bulimia/anorexia. Her three-year period of recovery is marked by agonizing setbacks and hard-won advances. The extensive and tedious details are irritating; the irrelevant intimacies are embarrassing. The mother's narratives are convoluted and melodramatic. ("I was wrung like a wet chamois to limp nothingness.") She also shares generous portions of her journals and samples of maudlin poetry. Readers may feel uneasy about the happy ending; there is a continued rigidity within the family that bars any of its members from breaking away or achieving independence. A major, but unexpressed issue is control over the lives of adult children and the proper role of women. Once a young man appears on the scene, Becky and her mother see marriage as a "way out." His willingness to assume control of her life and acceptance of dependence on him is seen as the answer to the family's prayers. A single ray of hope is Becky's professed desire to share her experiences with others who may be at risk. --Libby K. White, Schenectady County Public Library, NYCopyright 1992 Reed Business Information, Inc.

Nearly 20 years after their grueling bout together with mental illness, Becky and her mother revisit Becky's plight in hope of alerting others to the dangers of ``the altar of 105 pounds.'' Both are good writers, and the diary format here is enriched by letters and poems from their three years of crisis. Even more arresting than the instructively graphic descriptions of eating disorders are the menaces of bipolar depression. On the edge of her first major breakdown, Becky could rush through four dates in one day, plan to buy and renovate 20-room homes, and tell her mother she was the best water-skier in the country. Why it is hard to get a manic person to take medication becomes abundantly clear: being able to walk on water feels good, and the manic is oblivious to the danger of trying. A consistently engrossing account in which the ups and downs of mental illness in a real family are especially well portrayed (the father is furious over wasted food; in the midst of crisis, mother needs back surgery; siblings are perplexed). Happily, Becky suffered just when effective medications began to come on the scene and eventually got her biochemistry back in control. B&W photos and list for further reading not seen. (Nonfiction. 12+) -- Copyright ©1992, Kirkus Associates, LP. All rights reserved.

[Download to continue reading...](#)

Hope and Recovery: A Mother-Daughter Story About Anorexia Nervosa, Bulimia, and Manic Depression
Depression Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay Happy For Life (depression cure, postpartum depression, ... depression self help, depression free)
Depression: The Depression Cure: The 11-Step Program to Naturally Beat Depression For Life (depression cure, depression books, depression and anxiety, ... emotional intelligence, mood disorders)
The Depression Workbook: A Guide for Living with Depression and Manic Depression, Second Edition
Anorexia Nervosa and Recovery: A Hunger for Meaning (Haworth Women's Studies)
Overcoming Eating Disorders: A Cognitive-Behavioral Therapy Approach for Bulimia Nervosa and Binge-Eating Disorder (Treatments That Work)
Lost Daughter: A Daughter's Suffering, a Mother's Unconditional Love, an Extraordinary Story of Hope and Survival.
Anorexia Nervosa and Related Eating Disorders in Childhood and Adolescence: 2nd Edition
Hunger for Understanding: A Workbook for helping young people to understand and overcome anorexia nervosa
Demystifying Anorexia Nervosa: An Optimistic Guide to Understanding and Healing (Developmental Perspectives in Psychiatry)
Treatment Manual for Anorexia Nervosa, First Edition: A Family-Based Approach
Anorexia Nervosa (Eating Disorders Book 2)
Anorexia Nervosa: What Is the Enemy (Teen Health Library of Eating Disorder Prevention)
Fasting Girls: The History of Anorexia Nervosa Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To

Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Anorexia and Bulimia (Perspectives on Diseases and Disorders) Eating Disorders Information for Teens: Health Tips About Anorexia, Bulimia, Binge Eating, and Other Eating Disorders (Teen Health Series) Anorexia and Bulimia (USA Today Health Reports: Diseases & Disorders) Investigating Eating Disorders (Anorexia, Bulimia, and Binge Eating): Real Facts for Real Lives (Investigating Diseases) Anorexia and Bulimia

Contact Us

DMCA

Privacy

FAQ & Help